EAST COAST SURGICAL SYMPOSIUM 2018 SURGICAL TRAUMA: ONE STEP AHEAD

ORAL PRESENTATION

Abstract ID: 06

Childhood Pancreatitis: A Case Series

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Introduction: Acute pancreatitis is relatively rare in children. Published local data on childhood

pancreatitis is even vanishingly scarce. Our intent is to evaluate the demography, aetiology, clinical

course, and complications of children with acute pancreatitis. Materials and Methods: A single-

centre, retrospective review of patients aged 12 years or younger, admitted between January 2016

to February 2018 with the diagnosis of acute pancreatitis performed. Demographic data, aetiology,

and serum amylase on admission were collected. DeBanto score for assessment of severity was

calculated (at admission and at 48H) and patients' clinical outcome was assessed. Results: A total

of eight patients, aged between 3 to 12 years (median 8.0 years) were diagnosed with acute

pancreatitis. Malays made up the majority (50%) but the Orang Asli is over-represented at 37.5%.

Most were idiopathic (50%), but 25% of pancreatitis were caused by helminths. All patients

presented with abdominal pain as the primary complaint. Most of them followed a mild course of

disease; all but one patient had a DeBanto score of <3. Mean length of stay was 5 days, and two

patients went on to develop complications (pancreatic pseudocyst and recurrent pancreatitis).

Conclusion: Acute pancreatitis remains an important diagnosis for children presenting with

abdominal pain. In addition to commonly described aetiologies, helminthic infestation is an

important cause of acute pancreatitis, especially among rural communities in the state of Pahang.

KEYWORDS: Childhood pancreatitis, pancreatitis management, pancreatitis complication