

# In Vitro Antileptospiral Activity of *Trigona thoracica* Propolis and its Synergistic Effects with Commonly Prescribed Antibiotics

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## ABSTRACT

**Introduction:** *Trigona thoracica* propolis is known to have antimicrobial properties, however its antileptospiral properties and its synergistic effects with commonly prescribed antibiotics are scarcely documented. This study aimed to evaluate the antileptospiral properties of *Trigona thoracica* against pathogenic *Leptospira* species (spp.) and to study its synergistic effects with commonly prescribed antibiotics. **Materials and Methods:** The tested *Leptospira* serovars were Australis, Bataviae, Canicola and Javanica. Aqueous extract propolis (AEP) and ethanolic extracts propolis (EEP) were used. Broth dilution methods were used to determine the Minimum Inhibitory Concentration (MIC), Minimum Bactericidal Concentration (MBC) and the synergistic effects between the propolis and the tested antibiotics. The synergistic effects was evaluated by using the fractional inhibitory concentration (FIC) index. Morphological changes of the treated *Leptospira* were observed under a Scanning Electron Microscope (SEM). **Results:** The AEP and EEP were found to have antileptospiral properties against the tested *Leptospira* spp. The synergy result showed that only combination of AEP and penicillin G against serovar Australis has demonstrated synergistic effect with the FIC index of 0.38. Morphological study using SEM showed significant structural changes of the treated *Leptospira* spp. **Conclusions:** The result suggests that *Trigona thoracica* propolis could potentially be used as either a complimentary or an alternative therapeutic agent against pathogenic *Leptospira* spp.

**KEYWORDS:** *Trigona thoracica*, Antileptospira, Aqueous extract propolis, Ethanol extracts propolis

## INTRODUCTION

Leptospirosis is the most widespread zoonotic disease caused by pathogenic *Leptospira* species, which belongs to the family leptospiraceae. Leptospirosis occurs when pathogenic species are transmitted into the bloodstream of humans through cuts, skin abrasions or mucus membranes via direct contact with contaminated urine of animal reservoirs such as rodents and small mammals <sup>1</sup> or indirect contact with contaminated water and soil.<sup>2</sup> Patients

with severe leptospirosis are usually treated with intravenous penicillin while the mild cases are treated with oral doxycycline.<sup>3</sup>

Stingless bees are a group of small to medium sized bees, with vestigial stings, found in tropical and many subtropical parts of the world. One of the most common stingless bee is *Trigona thoracica* which produces less honey but higher quantity of propolis as compared to other bees <sup>4</sup> and it is believed that their propolis is more potent than the honey produced by honey bees.<sup>5</sup> Propolis from stingless bees have a wide spectrum of biological activities such as anti-inflammatory, antiseptic, antitumor, antimicrobial, antifungal and antiviral properties.<sup>6,7</sup> Yaghoubi et al.<sup>8</sup> has reported that Iranian propolis has high antimicrobial activity due to its high total phenolic acids and flavonoids contents. Jain et al.<sup>9</sup> has

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revealed that flavonoids in propolis has an important role in antimicrobial activity. Propolis has reliable *in vitro* antibacterial activity against several gram positive and gram negative bacteria.<sup>5</sup>

Combinations of antibiotics and propolis extracts have been used to generate synergistic effects against bacteria. Stepanović et al.<sup>10</sup> has reported that the combination of ethanolic extract propolis and selected antimicrobial agents has demonstrated significant synergistic effects against *Salmonella* Typhi. However, the antileptospiral properties of propolis and its synergistic effects with commonly prescribed antibiotics has scarcely been documented. This study aimed to evaluate the antileptospiral properties of *Trigona thoracica* propolis against pathogenic *Leptospira* spp. and to evaluate its synergistic effects with commonly prescribed antibiotics.

## METHODOLOGY

### Propolis extraction and preparation

This study used propolis produced by *Trigona thoracica*, which was supplied by the Min House Camp in Kubang Kerian, Kelantan, Malaysia. Before doing the extraction, the propolis sample was kept at -20 °C.<sup>11</sup> The propolis was then cut into smaller pieces and blended. The powder form of propolis was then soaked into two different solvents namely aqueous and 70 % ethanol at 30 °C in a shaker incubator for 14 days. Both solutions were filtered and the filtrate was evaporated using rotary evaporator. The aqueous extract propolis (AEP) was freeze-dried while ethanolic extract propolis (EEP) was dried using a hot plate.

AEP stock solution (100 mg/mL) was prepared by diluting 3.39 g of AEP in a powder form in 33.9 mL of 0.1 % Dimethyl sulfoxide (DMSO) and dH<sub>2</sub>O solution. While for EEP, the stock solution (100 mg/mL) was prepared by diluting 3.39 g of EEP in 33.9 mL of 0.1 % DMSO and dH<sub>2</sub>O solution.<sup>12</sup>

Inocula preparation of the pathogenic *Leptospira* spp. Four different serovars of *Leptospira interrogans* were used in this study. The serovars were Australis, Bataviae, Canicola and Javanica. They were obtained from the available stock cultures at the Microbiology Laboratory of the Department of Medical Microbiology and Parasitology, School of

Medical Sciences, Health Campus, University Sains Malaysia, Kelantan, Malaysia. The leptospires were subcultured in Ellinghausen McCullough, Johnson and Haris (EMJH) medium (Difco) at 30 °C for 7 days with daily inspection of the growth of the organism. Indirect counting of the leptospires was done by measuring the optical density (OD) of the culture media containing growing leptospires by a spectrophotometer at 420 nm wavelength of OD 0.32 (approximately 1 x 10<sup>8</sup> cells/mL)<sup>13</sup>. Then adjusted to reach 2 x 10<sup>6</sup> cells/mL by adding EMJH or *Leptospira* inoculum.<sup>13</sup> Direct counting of the organisms was performed under a dark field microscope using Petroff-Hausser counting chamber.<sup>14</sup>

### Preparation of the tested antibiotics

The stock solution (1 mg/mL) of each tested antibiotic, such as doxycycline, ceftriaxone, and penicillin G was prepared by dissolving 1 mg reagent grade of the antibiotic in a powder form in 1 mL sterile distilled water. The individual working solution of each antibiotic (100 µg/mL) was prepared by diluting 0.1 mL of the stock solution in 0.9 mL sterile distilled water.

### Susceptibility testing of the propolis extracts

#### Minimum inhibitory concentration

The minimum inhibitory concentration (MIC) determination of the propolis extracts was performed by using broth microdilution technique.<sup>15</sup> MIC was defined as the lowest concentration of the propolis that exhibits complete inhibition of the microbial growth<sup>16</sup> as detected by the lack of visible turbidity<sup>11,17</sup> and the lowest values of optical density.<sup>18</sup>

Two fold serial dilution of each AEP and EEP stock solution at the concentration of 100, 50, 25, 12.5, 6.25, 3.13, 1.57, 0.78, 0.39, 0.20 and 0.1 mg/mL were prepared in 100 µl EMJH medium in a sterile 96-well round bottom ELISA plate. A 100 µl of leptospires inoculum (2 x 10<sup>6</sup> cells/mL) was added to each test well and the suspension was mixed well. A well that contained a mixture of EMJH and leptospires inoculum without propolis extracts was used as a positive control well while the negative control well contain EMJH only. The plates was incubated at 30 °C for 5 days. MIC results was taken as the lowest concentration of the propolis that

inhibits the leptospiral growth observed under a dark field microscope<sup>19</sup> and the lowest OD measured at 420 nm by ELISA reader.<sup>13</sup> The tests were performed in duplicate.

#### Minimum bactericidal concentration

Minimum bactericidal concentration (MBC) was performed by subculturing the inoculum suspension from the MIC well onto EMJH agar. The inoculated EMJH agar was then incubated at 30 °C for 7 days. The MBC was defined as the least concentration showing no growth in the EMJH agar.<sup>20</sup> The test was performed in duplicate.

#### Susceptibility testing of the tested antibiotics

##### Minimum inhibitory concentration

MIC determination of the antibiotics were performed using broth microdilution technique.<sup>15</sup> MIC was defined as the lowest concentration of the antibiotics that exhibits complete inhibition of the microbial growth.<sup>16</sup>

Two fold serial dilution of the antibiotics at the concentration of 50, 25, 12.5, 6.25, 3.13, 1.57, 0.78, 0.39, 0.20 and 0.1 µg/mL were prepared in EMJH medium in a sterile 96-well round bottom ELISA plate. A 100 µl of leptospires inoculum ( $2 \times 10^6$  cells/mL) was added to each test well and the suspension was mixed well.

A well that contained a mixture of EMJH and leptospires inoculum without propolis extracts was used as a positive control well while the negative control well contain EMJH only. The plates were incubated at 30 °C for 5 days. MIC results was taken as the lowest concentration of the antibiotic that inhibits the leptospiral growth observed under a dark field microscope<sup>19</sup> and the lowest OD measured at 420 nm by ELISA reader.<sup>13</sup> The tests were performed in duplicate.

##### Minimum bactericidal concentration

MBC was performed by subculturing the inoculum suspension from the MIC well onto EMJH agar. The inoculated EMJH agar was then incubated at 30 °C for 7 days. The MBC was defined as the least concentration showing no growth in the EMJH agar.<sup>20</sup> The test was performed in duplicate.

#### Evaluation of the synergistic effects

##### MIC of the Propolis and antibiotics combination

The synergistic effects between the combination of individual AEP and EEP with the tested antibiotics were studied using the checkerboard assay.<sup>21</sup> Fifty microliters (50 µl) of the two-fold serial dilution solutions (100, 50, 25, 12.5, 6.25, 3.13, 1.57, 0.78, 0.39, 0.20 and 0.1 mg/mL) of individual AEP and EEP was mixed with 50 µl of tested antibiotics taking from two-fold serial dilution (12.5, 6.25, 3.13, 1.57, 0.78, 0.39, 0.20 and 0.1 µg/mL) of antibiotic solutions. Hundred microliters (100 µl) of *Leptospira* inoculum ( $2 \times 10^6$  cells/mL) was then added into each well. The MIC of the combination was recorded as the lowest concentration of the combination solutions which inhibits the growth of leptospires.<sup>22</sup>

Synergy was evaluated by calculating the fractional inhibitory concentration (FIC) index.<sup>23</sup> The FIC index was the mathematical expression used to represent the interaction between two antibiotics.<sup>24</sup> Synergy was defined as a  $FIC < 0.5$ , additive as  $0.5 < FIC < 1$ , indifference as  $1 < FIC < 4$  and antagonism as a  $FIC > 4$ .<sup>25</sup> The following formula was used to interpret the synergy results. The sum of FIC that corresponds to MIC was calculated as follows<sup>25</sup>:

$$\begin{aligned} FIC &= FIC_A + FIC_B \\ &= (C_A / MIC_A) + (C_B / MIC_B) \\ FIC_A &= FIC \text{ of propolis} \\ FIC_B &= FIC \text{ of antibiotic} \\ MIC_A &= MIC \text{ of propolis individual} \\ MIC_B &= MIC \text{ of antibiotic individual} \\ C_A &= \text{Concentration of propolis in} \\ &\quad \text{combination} \\ C_B &= \text{Concentration of antibiotic in} \\ &\quad \text{combination} \end{aligned}$$

#### Morphological study using SEM

For the morphological study under SEM, the treated and untreated *Leptospira interrogans* serovar Australis were taken as a test sample and a control sample respectively. SEM Model FEG 450 was used to visualise the samples. Five tubes containing 5 mL of EEP at its MIC value at the concentration of 1.57 mg/mL was mixed with 5 mL of leptospires inoculum. All of the test tubes were centrifuge at 4000 rpm for 10 minutes. Primary fixation was carried out with McDowell Trump fixator for two hours. Then the

samples were washed for two times with 0.1 M PBS buffer. Secondary fixation was carried out with 1% osmium tetroxide for an hour. Then the samples were washed again with distilled water for two times. Next, the samples were subjected to dehydration with ascending concentrations of acetone starting at 50%, 75%, 95% and 100% for 10 minutes each and two times for 100% acetone.

For full dehydration of samples, the samples were dehydrated two times with 100% HMDS and then were allowed to dry. After fixing and drying, the samples were mounted to the SEM sample stub and then were

coated with a thin layer of gold and were viewed under SEM.

## RESULT

Numbers of the leptospires determined by direct and indirect counting

Numbers of the leptospires after direct and indirect counting were recorded in Table I. It was noted that the longer the incubation period the higher is the number of leptospires. Number of the leptospires by direct counting was in line with the indirect.

**Table I:** Number of leptospires by direct and indirect counting

		Method of counting	Duration of incubation							
			Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
LEPTOSPIRA SEROVAR	Australis	Direct Counting (cells/mL)	5.50X10 <sup>6</sup>	8.45X10 <sup>6</sup>	1.14X10 <sup>7</sup>	3.32X10 <sup>7</sup>	5.50X10 <sup>7</sup>	6.15X10 <sup>7</sup>	8.50X10 <sup>7</sup>	
		Indirect counting	(OD)	0.042	0.073	0.103	0.149	0.194	0.273	0.322
			(cells/mL)	1.31X10 <sup>7</sup>	2.28X10 <sup>7</sup>	3.21X10 <sup>7</sup>	4.65X10 <sup>7</sup>	6.06X10 <sup>7</sup>	8.53X10 <sup>7</sup>	1.01X10 <sup>8</sup>
	Bataviae	Direct Counting (cells/mL)	1.20X10 <sup>7</sup>	1.70X10 <sup>7</sup>	2.20X10 <sup>7</sup>	3.05X10 <sup>7</sup>	3.90X10 <sup>7</sup>	6.18X10 <sup>7</sup>	8.90X10 <sup>7</sup>	
		Indirect counting	(OD)	0.042	0.083	0.123	0.171	0.218	0.278	0.314
			(cells/mL)	1.31X10 <sup>7</sup>	2.59X10 <sup>7</sup>	3.84X10 <sup>7</sup>	5.34X10 <sup>7</sup>	6.81X10 <sup>7</sup>	8.68X10 <sup>7</sup>	9.81X10 <sup>7</sup>
	Canicola	Direct Counting (cells/mL)	1.85X10 <sup>7</sup>	1.97X10 <sup>7</sup>	2.09X10 <sup>7</sup>	3.63X10 <sup>7</sup>	5.17X10 <sup>7</sup>	6.80X10 <sup>7</sup>	1.14X10 <sup>8</sup>	
		Indirect counting	(OD)	0.048	0.092	0.135	0.189	0.242	0.309	0.365
			(cells/mL)	1.50X10 <sup>7</sup>	2.87X10 <sup>7</sup>	4.21X10 <sup>7</sup>	5.90X10 <sup>7</sup>	7.56X10 <sup>7</sup>	9.65X10 <sup>7</sup>	1.14X10 <sup>8</sup>
	Javanica	Direct Counting (cells/mL)	3.25X10 <sup>6</sup>	5.43X10 <sup>6</sup>	7.60X10 <sup>6</sup>	2.28X10 <sup>7</sup>	3.80X10 <sup>7</sup>	5.18X10 <sup>7</sup>	4.60X10 <sup>7</sup>	
		Indirect counting	(OD)	0.037	0.074	0.111	0.163	0.215	0.248	0.289
			(cells/mL)	1.15X10 <sup>7</sup>	2.31X10 <sup>7</sup>	3.46X10 <sup>7</sup>	5.09X10 <sup>7</sup>	6.71X10 <sup>7</sup>	7.75X10 <sup>7</sup>	9.03X10 <sup>7</sup>

A spectrophotometer at 420 nm wavelength of OD 0.32 is approximately  $1 \times 10^8$  cells/mL<sup>13,38</sup>

Direct counting using Petroff Hausser was time and labor intensive and has the possibilities of increase in operator errors such as under counting and poor detection of leptospire. Based on the results in the Table I, serovar Canicola had the fastest multiplication of the organism and the slowest was serovar Javanica. The difficulty in the isolation of the leptospire and the slow growth of the organism made the culture technique time consuming and laborious.

#### MIC and MBC of AEP, EEP and tested antibiotics

The MIC and MBC results of AEP, EEP and tested antibiotics against *Leptospira* spp were shown in Table II. The AEP and EEP were found to have antileptospiral properties against the tested leptospiral serovars. The MIC of AEP against all of the

tested serovars was 6.25 mg/mL while the MBC of the AEP against serovar Australis was 25 mg/mL and 12.5 mg/mL for other tested serovars.

The MIC of EEP against serovar Bataviae was 0.79 mg/mL while the MICs for the other serovars were 1.57 mg/mL. The MBC of the EEP against all of the tested serovar was 1.57 mg/mL. Based on these results, EEP has a higher antileptospiral properties compared to AEP.

The MIC and MBC of the tested penicillin G, doxycycline, and ceftriaxone against all of the tested serovars were 0.39 µg/mL, 0.78 µg/mL; 3.13 µg/mL, 6.25 µg/mL; and 0.20 µg/mL, 0.39 µg/mL respectively. Based on these results, ceftriaxone has the highest antileptospiral properties compared to other tested antibiotics.

Table II: MIC and MBC values of AEP, EEP and tested antibiotics against *Leptospira* spp

LEPTOSPIRA SEROVAR	Propolis Extract (mg/mL)				Antibiotics (µg/mL)					
	AEP		EEP		Penicillin G		Doxycycline		Ceftriaxone	
	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC	MIC	MBC
<i>Australis</i>	6.25	25.0	1.57	1.57	0.39	0.78	3.13	6.25	0.20	0.39
<i>Bataviae</i>	6.25	12.5	0.79	1.57	0.39	0.78	3.13	6.25	0.20	0.39
<i>Canicola</i>	6.25	12.5	1.57	1.57	0.39	0.78	3.13	6.25	0.20	0.39
<i>Javanica</i>	6.25	12.5	1.57	1.57	0.39	0.78	3.13	6.25	0.20	0.39

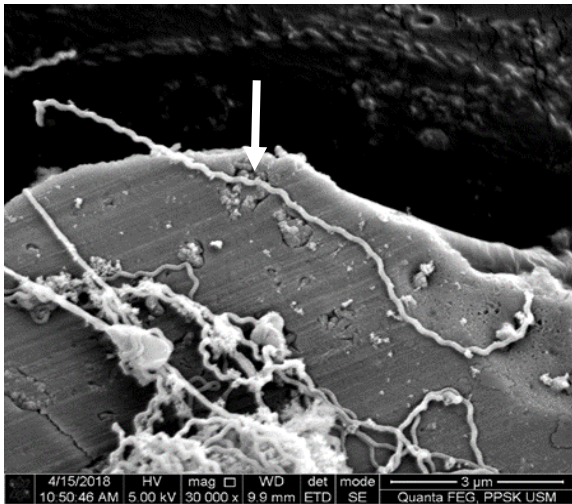
#### Synergistic test

The synergy result in Table III showed that only the combination of AEP and penicillin G against serovar Australis has demonstrated synergistic effect with the FIC index of 0.38. The additive effects (FIC index more than 0.5 and less than 1) were detected in the combination of AEP and penicillin G against serovar Bataviae and Canicola; the combination of AEP and doxycycline against Bataviae and Canicola; and the combination of EEP and doxycycline against Australis. The rest of the combinations however demonstrated indifference effect (FIC more than 1 and less than 4) and none of the combinations showed the antagonistic effects (FIC more 4).

#### Morphological changes of the treated leptospire

The EEP-treated leptospire had shown significant morphological changes when observed under SEM compared to the untreated leptospire. The untreated leptospire at 30 000x magnification has characteristically helical structure with the presence of hooks at both ends of the organism (Figure 1). The treated leptospire at 30 000x (Figure 2a), 60 000x (Figure 2b) and 120 000x (Figure 2c) magnification however became less spiral, appeared flattened and shorten, and the hooks at both ends of the organism were absent.





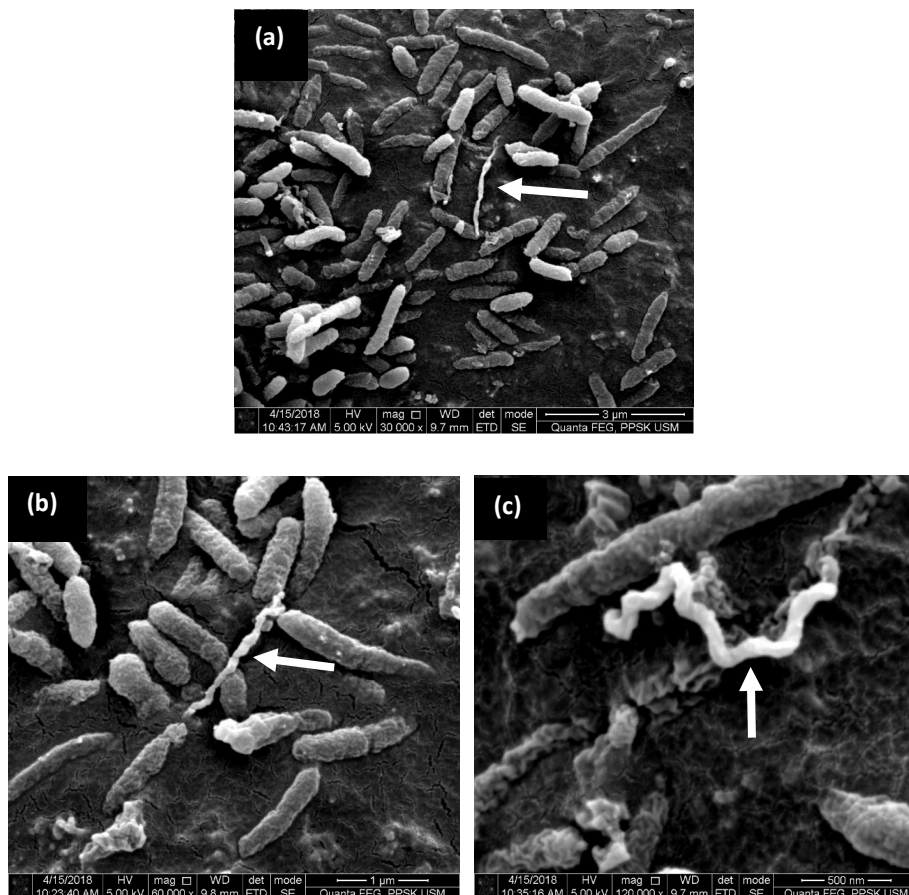
**Figure 1:** SEM micrograph of untreated *Leptospira* spp serovar *Australis* under scanning electron microscope (SEM) with 5 kV, at magnification 30 000x. The untreated leptospires has characteristically helical structure with the presence of hooks noted at both ends of the leptospires.

## DISCUSSION AND CONCLUSION

Both AEP and EEP have antileptospiral properties against pathogenic *Leptospira* spp. The properties were found to be higher in EEP compared to AEP. This is in line with the studies done by Park & Ikegaki<sup>26</sup> and Hendi et al.<sup>27</sup> who have reported that EEP has a higher antimicrobial activities compared to AEP. Few

studies on the antimicrobial activity of EEP showed a positive correlation between flavonoids content and the antibacterial properties of EEP.<sup>8</sup> Al Ani et al.<sup>28</sup> has investigated that EEP has many chemical substances such as flavonoids and polyphenols that contributed to the higher antibacterial properties compared to AEP.

Propolis have various mechanisms of action as an antibacteria including inhibition of bacterial cell division, disruption of bacterial cell walls and cytoplasmic membranes, inhibition of bacterial motility, bacterial enzyme inactivation, bacteriolysis, and bacterial protein synthesis inhibition.<sup>29</sup> Bankova et al.<sup>30</sup> indicated that propolis and some of its cinnamic acid derivatives and flavonoids were responsible for uncoupling the energy transducing cytoplasmic membrane inhibiting bacterial motility, which might contribute to the antibacterial action. In this study, serovar *Bataviae* was found to be the most sensitive serovar to EEP compared to the serovar *Australis*, *Canicola* and *Javanica*. In contrast, Vedhagiri et al.<sup>31</sup> and Seesom et al.<sup>22</sup> have found no significant difference in term of sensitivity of serovar *Bataviae* compared to other tested serovars.



**Figure 2:** SEM micrograph of treated *Leptospira* spp serovar *Australis* with EEP with 5 kV (a) at magnification 30 000x (b) at magnification 60 000x and (c) at magnification 120 000x. The treated leptospires became less spiral, appeared flattened and shorten and the hooks at both ends of the organism were absent.

**Table III:** Synergistic effect of propolis extract and antibiotics against leptospires

		AEP - Penicillin G		AEP - Doxycycline		AEP - Ceftriaxone		EEP - Penicillin G		EEP - Doxycycline		EEP - Ceftriaxone	
		FIC index	Activity	FIC index	Activity	FIC index	Activity	FIC index	Activity	FIC index	Activity	FIC index	Activity
LEPTOSPIRA SEROVAR	Australis	0.38	Syn	1.42	Ind	1.23	Ind	2.00	Ind	1.00	Add	3.00	Ind
	Bataviae	0.75	Add	0.75	Add	1.23	Ind	1.05	Ind	1.50	Ind	1.48	Ind
	Canicola	0.75	Add	0.75	Add	1.92	Ind	1.00	Ind	1.50	Ind	2.95	Ind
	Javanica	1.50	Ind	1.23	Ind	1.98	Ind	2.00	Ind	1.50	Ind	2.96	Ind

Syn; < 0.5, Add; > 0.5 and ≤ 1.0 , Ind >1 and ≤ 4; Ant > 4

Significant synergistic effect was demonstrated in the combination of AEP and penicillin G against serovar Australis. It indicates that propolis extraction when used in combination with antibiotic has a potential to amplify the actions of antibiotics.<sup>8,29,32</sup> Reported mechanism of action when propolis is combined with antibiotic including destruction of bacterial ribosomes.<sup>33</sup> Bankova et al.<sup>30</sup> has reported that propolis and some of its cinnamic acid derivatives and flavonoids were responsible for uncoupling the energy transducing cytoplasmic membrane inhibiting bacterial motility, which might contribute to the antibacterial action. Combination of AEP with penicillin G enhanced antileptospiral efficacy where propolis seemed to aid the beta-lactam antibiotic in penicillin binding protein (PBP) inhibition resulting in the destruction of bacterial wall.<sup>34</sup>

There was no similar study looking at the synergy effects of propolis extracts and antibiotics against *Leptospira* spp. in the past. However in 2013, Seesom et al.<sup>22</sup> has reported the synergy effect of the combination of penicillin G and γ-mangostin against *L. interrogans* serovar Javanica, Autumnalis, and Bataviae with the FIC index of 0.04, 0.50, and 0.52, respectively.

The role of penicillin is inhibition of peptidoglycan formation by binding to transpeptidases<sup>35</sup> while propolis with some of its chemical compositions responsible for uncoupling the energy transducing cytoplasmic membrane.<sup>30</sup>

The EEP-treated leptospires were found to have significant morphological changes when observed under SEM compared to the untreated leptospires. Mirzoeva, Grishanin, & Calder<sup>36</sup> reported that flavonoids in propolis disrupted the cytoplasmic membrane and cell wall of bacteria. This mechanism may enhance the morphological changes of the treated leptospires. Moreover, besides flavonoids, phenolic acids could also lead to the disintegration of the bacterial outer membrane.<sup>37</sup>

In conclusion, the results of this study suggest that *Trigona thoracica* propolis could potentially be used as either a complimentary or an alternative therapeutic agent against pathogenic *Leptospira* spp. infection.

#### CONFLICT OF INTEREST

The research was conducted in the absence of any commercial or financial relationships that could be seen as a potential conflict of interest.

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