

LETTER TO EDITOR

Ongoing Challenges for Nursing Towards Global Demand

*Muhammad Kamil Che Hasan, Mohd Said Nurumal, Mohd Khairul Zul Hasymi Firdaus, Thandar Soe Sumaiyah Jamaludin**

Kulliyyah of Nursing, International Islamic University Malaysia, Pahang, Malaysia.

*E-mail: sumaiyah@iiu.edu.my

Dear Editor,

Nursing challenges have evolved over time, but the profession itself remains true to those who are motivated to serve others. Nurses are responsible for more than just patient care; they are also responsible for the promotion of health care and personal well-being (1,2). Nursing education, the role in community care, the development of areas of specialisation, and nursing leadership all require a periodic transformation in line with rapid technological change, the world's growing elderly population with various problems (3), and the current twists and challenges in providing the best possible care. Countries across the world have the chance and the economic obligation to change health-care systems to better meet the promising needs of their community now and in the future, in which nurses have the opportunity to involve.

Nurses have an impact on people of all ages, ethnic groups, backgrounds, and communities while working tirelessly to meet the sick and vulnerable's physical, emotional, and spiritual needs. Nursing is a profession that requires someone who is resilient, dedicated, and empathetic in order to provide care to the community. This image of nurses and a nursing career need to be enhanced in the eyes of societies (4). According to World Health Organization (WHO) recommendations, entry-level into nursing should be standardised around the world, with minimum qualifications at Bachelor's degree (5,6). Nurses need to work together with policy makers, government leaders, educational institutions and the community to ensure that the aspiration could be materialized. In clinical areas, nurse leaders and managers need to grasp the opportunity to ensure that they are actively leading these roles by ensuring that health-care systems are accessible to the respective people in need. Meanwhile, by delivering outstanding quality care we could improve the health and well-being of the population at present and the future generations.

Advanced degree programmes have expanded the offerings and reach of modern-day nurses, providing them with the skills needed to meet evolving nursing challenges. Nurses must brace themselves for upcoming challenges, which may worsen as the world's population grows. As a result, the specialisation curriculum should include more areas involving clinical experience for various specialities and treatment of acute and chronic diseases and preventing further complications such as diabetes and wound care (7,8). This is exacerbated by an increase in the number of patients with a wide range of problems and symptoms that necessitate the specialisation of advanced clinical skills, the complexity of work, and the dedication to patient care. In the face of various challenges, a lack of nursing expertise will limit treatment to patients and even weaken treatment care. Nurses with specialisations in developing countries have been able to provide the best possible care to patients with a high rate of success (9). However, in order to be a successful holistic nurse, each nurse must have certain strengths, interests, and expertise. Specialised trained nurses were found to provide better nursing practice in clinical settings towards better patient care (10).

In order to prepare for becoming a developed country and facing future challenges, such nursing strategies and directions must be outlined in accordance with WHO recommendations. While the reputation of the profession has grown, the future of nurses remains at risk if insufficient mitigation measures are not taken into consideration. Today, nursing is a vast and varied field with a plethora of opportunities for those interested in pursuing it as a career. Nursing challenges are unique due to the level of investment nurses have in their work. They get to know their patients, are concerned about their needs, and contribute significantly to their patient's recovery. Despite the daily challenges of nursing, they make a difference in the lives of the many people they touch.

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