

DEMYSTIFYING ARTIFICIAL TEARS: THE ARTS OF PRESCRIBING

Mohd Radzi Hilmi^{1*}

¹Department of Optometry and Visual Science, Kuliyah of Allied Health Science, International Islamic University Malaysia, 25200 Kuantan, Pahang, Malaysia.

***Corresponding author's email:** mohdradzihimi@iium.edu.my

ABSTRACT

Our previous works have shown the importance of clinical application of artificial tears in rejuvenating the ocular surface. This includes aiding optometrists in diagnosing, managing and clinical decision-making based on valid scientific evidence, not based on marketing hype or personal instinct. We have demonstrated with the right concept of selection of artificial tears, it can benefits both patients and optometrists. The aim of this presentations to provide basic knowledge to the audience on what needs to be understand and important criteria in prescribing artificial tears. The concept of application of artificial tears will be briefly demonstrated based on author's own research and scientific evidences.