## SIMPLIFYING MYOPIA CONTROL: EXPEDITING THE EXPLANATION PROCESS

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## **ABSTRACT**

Myopia is a pandemic and studies have shown that high myopia increases the risk of serious ocular pathologies such as retinal detachment, cataract, glaucoma and myopic macular degeneration. As such, optometrists had started to incorporate myopia control into their practice repertoire. However, explaining myopia control to parents can be a daunting task. Thus, this talk will emphasize and explain how optometrists can deliver myopia control treatment information effortlessly and efficiently to the parents of myopic children.