The Unnamed Bird

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The long notes of the *adhan* brush the face of sleep.

All the garden birds of Attar praise the golden lining of morning: doves moan, kingfishers excite the air with flutes.

Swifts twitter as they unstitch the darkness. The mountain drops its cloak.

Yesterday, sky cupped me in its open palm, as I stood on Kinabalu's broad back there was no drop.

The lower slopes hung in a net of cloud, sea polished its jewels, fourteen-thousand feet below.

Only when mist rises to wrap its veil around the peak do you understand God survives up there on sips of air.

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Shuffling down the slippery stone I could no longer watch the sky, but there were buttercups at my feet, gold in the seams of rock face.

We climbed at night to meet the sun on top of the mountain.

Descent seemed a slow and steady certainty until the first cliff, the rope I trusted with gravity even as a chasm loomed ninety feet below.

On the climb the headlamp showed me my feet.

Night swallowed the drop.

I followed a trail of lights to a new constellation.

Descending, the bite of the rope suddenly mattered to my cold-numbed hands in their borrowed skin of wet leather.

Wind blinded me with my own hair, tugged at my coat, hissed about the fall.

Leaning out ninety degrees I slid boots into cracks fit for the toes of children.

Between my feet the drop gaped:
'Give me your bones,' it whispered.
'I will use them to pick my teeth.'

All the way down to the tree line that knife sharpened its edge in me.

The first bird I saw – preening on a sinewed branch – had no name.
Then a flock flew in, singing rainbows, their colours beyond words.

Alone, Birding the Mountain

All the birds have flown up and gone; A lonely cloud floats leisurely by. We never tire of looking at each other, The mountain and I. – Li Po

It waits outside my door every morning. I decide to climb the slope to the bus, though there is another way.

My muscles stretch, long as breath as I rise against gravity.

Its core is hollowed for a tunnel, to bring acceleration, a train to this slow terrain.

Its slope of broken shoulder rests beside me every night. We share a bed, but do not touch.

The phone rings: a friend wants to know what 'the little birds in olive drab' are called—the ones with the white eye ring of constant surprise.

I explain that for me birding is art – not science.

Blue magpies burst from treetops, splash the sky indigo, trail tails too opulent for this town.
Their bills and feet blush red as they clutch the railing round the parking garage.
As if they knew they are too elusive to be real.